

GAA Spring Break Trips 2017-2018






EDUCATION

GEMS American Academy

PO Box 145161, Abu Dhabi, United Arab Emirates

T +971 (0)2 557 4880 | F +971 (0)2 557 4990

 [Linkedin.com/company/gems-education](https://www.linkedin.com/company/gems-education)
 [@gemseducation](https://twitter.com/gemseducation)
 gemsaabudhabi.com

Purpose and Goals

With the goal of enhancing the standard curriculum and providing students with opportunities for cultural enrichment, service to others, adventure activities and travel. These educational opportunities make up and integral part of the high school curriculum.

While the community service and physical demands of each course will vary based upon the type and location of the trip, all trips share the following core components:

Interpersonal Skill Development

Positive interaction among students, faculty, guides and local people is a key component in all trips. By living, communicating and cooperating with a group which so often diverse, students are encouraged to become more understanding and compassionate towards others.

Service to Others

An element of service is embedded in most trip. Service learning helps students learn and care about others and to develop skills and attitudes so they can better contribute to the global community.

Personal Growth

Each trip strives to reinforce self-esteem and provide opportunities for self-awareness. During the interim week students will be responsible for the choices and actions as well as learn the importance and relevance of taking responsibility.

Tolerance

The opportunity for students to learn the skills of tolerance for other cultures, religions and traditions by way of understanding each component of different communities.

Learning

GAA Spring Break Trips allow students the opportunity to forge stronger links between the classroom and the wider world. Each course includes an educational component, but the type of knowledge or skill will vary widely from destination to destination. These may range from learning about the history and culture of an area, to more practical skills such as how to build a house or teach a child.

Cultural Learning

Through exposure to new cultures and living values by promoting responsibilities, cooperation and goal-setting.



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Dear Parents,

Your child has expressed interest in traveling on one of our Spring Break Trips. GAA will offer the following five trips this year.

Switzerland Grade 7-12	Poland Grade 10-12	Indonesia Grade 7-8
Borneo Island, Malaysia Grade 9-12	Nepal Grade 7-8	

All school trips are subject to ADEC approval. Actual cost of trips is dependent upon the date we officially receive approval. GAA is working hard with each trip provider to ensure that the best possible price is obtained prior to approval.

COMPLETED REGISTRATION FORM:

All registration forms must include the following documents;

- Color copy of passport. **Passports must have at least 6 months validity on day of travel.**
- Color copy of valid residence visa.
- Color copy of Emirates ID, front and back.

Please use this link to access the [GAA Spring Break 2017/18 Registration Forms](#)

DEPOSIT: A **Non-Refundable, 4000 AED is required.** If trips are not approved by ADEC or are cancelled do to lack of interest, refunds will be made. If you are relocated before the trip takes place, refunds will be made.

REGISTRATION FORM: After deposit payment has been made to Accounts, your registration form should be returned to the Athletic Office not later than the **November 2nd.**

Please note: No registration form will be accepted unless it is complete and no seat will be reserved until the first deposit has been received by the due date.

Note: All students will be vetted as to their suitability to travel on all trips. Anyone deemed not eligible will be removed and not allowed to travel.

PAYMENTS: The following payment dates apply to all Spring Break Trips.

- **40 % payment due by November 2nd 2017**
- **30 % payment due by December 7th 2017**
- **Final payment by February 1st 2018**

MAKING A DEPOSIT:

Payments to be paid directly to the Finance Office by way of **CASH** or **PERSONAL CHEQUE**. Please bring **trip registration form** to obtain Accounts stamp indicating deposit has been received.

Kind regards,
Mr. Ralph Russell
Athletics and Activities Director
r.russell_gaa@gemsedu.com



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Please Choose from the Selection Below:

Trip	Grade Level	Estimated Cost (AED)	Copy of Passport Required
Nepal March 23-March 31	Grades 7-8	AED 10400	Yes
Indonesia March 23-March 29	Grades 7-8	AED 7000	Yes
Switzerland March 31-April 6	Grades 7-12	AED 10,500	Yes
Borneo Island, Malaysia March 23-March 31	Grades 9-12	AED 9,800	Yes
Poland March 23-March 30	Grades 10-12	AED 9220	Yes

Timeline 2017-2018

August 2017

All presentations are viewable on the **GAA school website:**

September 2017

All students / parents will receive their registration package

September 24, 2017

Registrations Begins (All forms must be signed to register and 2 copies of student passport and residency attached for any trips leaving the UAE)

October 19th 2017

Registration Ends at 15:30 **promptly**

November 2nd 2017

4000AED Non-Refundable deposit due by 15:30 in Accounts office

December 7th 2017

30 % Payment Due

February 1st 2017

Final Payment Due

March 23rd -30th March

GAA Spring Break Trips!



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General Information

SAFETY AND SECURITY

The GAA Spring Break Trips program exposes students to a degree of risk that is atypical of regular on-campus classes. While the trips involving travel, physical activity and exploration are not risk free, safety is of paramount importance and is emphasized as courses are planned and take place.

Teacher-Advisors are briefed about what to do in an emergency and have the authority to make decisions, change the itinerary, or do whatever else is necessary to ensure the safety of the students.

You can be assured that the school takes the safety of the students and advisors seriously. If conditions warrant, a trip may be changed or cancelled due to concerns about safety, political instability, or security. **In these situations, GAA will be made refunds.**

MEDICAL

Parents are required to complete a health form and students must submit it at the time of trip registration. The school and advisors need to be aware of any medical issues, physical conditions or allergies along with any medications students will be taking during the trip. For more information about recommended shots or boosters for a specific country, the school will provide as much information as possible; however it is each parent's responsibility to consult with your physician at least 6 weeks prior to the student's departure.

The course sponsors will carry a first aid kit that will contain typical items that might be needed. Sponsors have access to an emergency phone number where they can get medical advice while outside of the country. Emergency medical evacuation and insurance coverage is **NOT** included in the fee and must be purchased independently.

PASSPORT AND VISA REQUIREMENTS

Students must have a passport with at least **6 months of validity remaining** (six months after the student's departure date for their GAA Spring Break trip).



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Depending on the student's passport and the trip selected, visa may be required. The cost of the visa is **NOT** included in the trip fees and the price for said visas may vary. The school will provide as much information as possible for obtaining the necessary visas and assistance as as possible; however obtaining such visas is the responsibility of the parent.

All Non-Emirati Nationals must ensure they have a valid exit/re-entry visa

BEHAVIORAL EXPECTATIONS

Positive interaction among students, faculty, guides and local people is a hallmark of all GAA Spring break trips. It is unacceptable for students to inconvenience others, or jeopardize the safety of the group. Students must satisfy the sponsors that they have the background to enjoy the course and that they will be supportive of the group for the duration of the course. Students are expected to study the trip schedule and ensure they have the physical ability to participate in **ALL** activities.

All the GAA school rules are in effect for the duration of the course. The regular prohibitions regarding insubordination, tobacco, illegal non-prescription drugs and alcohol will be in effect at all times. Flagrant curfew violations or going to "off limits" areas will not be tolerated and all laws of the local country must be obeyed. Advisors in consultation with the administration, have full authority to send home a student whose conduct is unacceptable or compromises the safety of the group. If it necessary to send a student home, it will be at the parent's expense.

STUDENTS RESPONSIBILITIES

- ❖ **Students Must** become familiar with their trip/event itinerary.
- ❖ **Students Must** obtain parents approval for any trip/event they participate in.
- ❖ **Students Must** meet all the requirements outlined in the trip/event guide.
- ❖ **Students Must** attend all orientations and meetings
- ❖ **Students Must** complete all registration requirements
- ❖ **Students Must** ensure that parents have ALL the information given.
- ❖ **Students Must** agree to all pre and post-course work associated with the trip/event.
- ❖ **Students Must** adhere to all behavior expectations as identified.
- ❖ **Students Must** cooperate equally with all members of their group.

PARENT RESPONSIBILITY

- ❖ **Parents Should** attend the information sessions.
- ❖ **Parents Should** assist their sons/daughters in making the trip decision that best supports their strengths.






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- ❖ **Parents Should** ensure that their child continues to stay focused on their studies and behavioral responsibilities.
- ❖ **Parents Should** support the teachers/organisers by encouraging their child to value and make the most of their trip/event.
- ❖ **Parent Should** support the eligibility requirements as outlined below.
- ❖ **Parents Should** ensure that all forms and funding are processed prior or on due dates - we are unable to allow any exceptions.
- ❖ **Parents Must** have paid in full all financial obligations as outlined.

ELIGIBILITY

1. Any student who has had an out-of-school suspension during any part of the academic year may be ineligible to attend the GAA Spring Break trips.
2. Any student under academic concern may be subject to pre-evaluation before they receive permission to attend GAA Spring Break trip.
3. Any student under behavioral concern will be subject to pre-evaluation before they receive permission to attend the GAA Spring Break trip.

REQUIRED DOCUMENT/OBLIGATIONS

1. **All forms completed/signed are required to register.**
 - Registration Form
 - Waiver Form
 - Physical Approval Form
 - Emergency Treatment Form
 - Swim Permission Form - if applicable
 - Travel Acceptance and Permission Form
2. A Non-refundable and Non-Transferable processing deposit fee of **AED 4000**
3. A colored photocopy of passport and a colored photocopy of student's Emirates ID front and back.
4. Processing of trip visas well in advance of departure (if applicable). Each student is responsible for acquiring the necessary visas on their own accord and to submit a colored photocopy of the visa to the Director of Athletics and Activities office.






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WAIVER FORM

Print Student Name: _____

I acknowledge and accept that my child's participation in the trip/event is voluntary and all risks attendant to such a trip/event are freely and voluntarily assumed by my daughter/son/ward and me.

I have ensured that my daughter/son/ward understands that it remains important for his/her safety, and for the safety of the group, that they agree and follow all rules and instructions given by the trip/event teachers/organizers during the event.

I hereby agree not to hold the School or its teachers/staff/organizers or GEMS Education, Premier Schools International LLC, or their affiliates or any persons connected ("GEMS Group") liable for any loss, claim, or expense including any claim involving personal injury to or death of my daughter/son/ward, unless directly and solely attributed to the willful default of any member of the GEMS Group.

I undertake to indemnify the School and the GEMS Group from and against any and all loss, claim, expense, or damage resulting from any negligent, wrongful, or reckless act of, or willful default by my daughter/son/ward, and to reimburse the School or any member of the GEMS Group on first written demand in respect of the same.

Finally, I agree that in relation to any legal action or proceedings arising out of or in connection with the trip/event, the governing law shall be the laws of United Arab Emirates and that the courts of the United Arab Emirates shall have exclusive jurisdiction to hear, try and finally dispose of the matter.

Dated this day of ____/____/____

Signature of Parent/Guardian

Witness Signature



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(Must be 21 years of age or older)

Printed Name of Parent/Guardian

Printed Name of Witness

PARTICIPATION CONSENT/MEDICAL RELEASE

My son/daughter has my permission to participate in the GAA Spring Break Trips. In the event of an emergency, when immediate observation or treatment is deemed necessary in the judgment of the School authorities, I authorize the school to send my child or ward to the medical facility deemed (in the sole discretion of the School) to be the most reliable and readily accessible. I acknowledge and accept that whilst the School shall exercise reasonable diligence in selecting such facility, it does not assume any liability in respect of such selection or the treatment which my child or ward may receive at such facility, and recognize and agree that I shall be solely responsible for the costs of any transport or treatment which may be required, and I shall reimburse the School immediately on first written demand in respect of the same.

My daughter/son/ward has my permission to swim during the activities associated with GAA Spring Break Trip

I consider my child's swimming ability to be (please circle one)

Good / Fair / Poor

Health History: Yes or No (Please Circle)

My student is susceptible to the following: (Please circle **Yes** or **No**)

Chronic/recurrent illness	Yes / No
Diabetic	Yes / No
Heat exhaustion/stroke	Yes / No
Dizziness/fainting/headaches	Yes / No
Seizures	Yes / No
Asthma	Yes / No
Heart problems	Yes / No
Liver problems	Yes / No
Bladder/kidney problems	Yes / No
Bone/joint injury	Yes / No
Allergies	Yes / No
Current Medications, list below	Yes / No
Wear's Contact Lenses	Yes / No
Dietary Restrictions	Yes / No - Description _____
Severe Allergies	Yes / No - Description _____

Summary: If "Yes" please explain:

Authorization for Medical Treatment:



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Please note: No student will be allowed to carry or administer their own medication without school authority approval. All required medication(s) provided by the parent/guardian, excluding inhalers, must be stored in the medical kit with the supervising teacher from GAA.

Parent/Guardian Signature

Print Full Name of Parent/Guardian

TRAVEL ACCEPTANCE AND PERMISSION CONTRACT

When school groups travel within or out of the UAE, it is necessary for the safety and security of our students that certain guidelines be established and followed. Understanding this, we (parent and student) attest with our signature that we have read, understand, and will abide by the following:

1. I shall adhere to trip due dates, educational requirements and behavioral expectations while attending the **GAA Spring Break Trips**.
2. I shall honor all laws of the country or countries to be visited.
3. I shall not obtain, consume, or transport tobacco products, alcoholic beverages or controlled substances (drugs), or be present where such products, beverages or substances are present. Note that in many countries the penalties for use or possession of alcohol and drugs are severe and can include imprisonment and, in case of drugs, death.
4. I shall recognize the GAA faculty supervisor as the official representative of the School and accept his/her instructions to be those of the School.
5. I shall inform the GAA supervisor(s) as soon as possible of any problem or emergency.
6. I shall observe the School's curfew as set by the supervisor(s).
7. I shall abide by all the rules of conduct and dress required by the School and its supervisor(s).

Parent/Guardian Permission

I hereby give my child (_____) permission to attend the **Gems American Academy Spring Break Trips** _____ *(date)*

Parent Name: _____

(Please Print Clearly)






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PARENT SIGNATURE: _____ Date: ____/____/____

STUDENT SIGNATURE: _____ Date: ____/____/____

Bintan Island, Indonesia



Teachers-Advisors:

Cost: AED 6900

Visa Requirements

Passport/Visa requirements: In order to visit Indonesia, a visa is required for most nationalities. **Visa On Arrival** can be obtained directly when you are landed at the certain airports and seaport in Indonesia regardless of the purpose of your visits (Business, Tourist, Social). We are strongly advised to obtain a tourist visa made at Indonesian Embassy in Abu Dhabi. The maximum stays permitted for the tourist visa is 30 days. **All the South East Asia nationals (Brunei Darussalam, Lao PDR, Malaysia, Myanmar, Philippines, Singapore, Thailand, Vietnam) are NOT require tourist visas for a stay up to 21 and 30 days respectively.**

These are the documents necessary for obtaining tourist visa:

- Expiration date of the applicant's passport must be at least 6 (six) months at the date of entry.
- At least two blank visa pages
- Round-trip airplane ticket

The fees for tourist visa are:

- Visa for stay up to 7 (seven) days = US\$ 15,-
- Visa for stay up to 30 (thirty) days = US\$ 35,-

For more details please visit Indonesia embassy website, <http://indonesianembassy.ae/apply-for-visa/>

THE EMBASSY OF THE REPUBLIC OF INDONESIA

Zone 2, Sector 79, Villa No. 474
Al Bateen Street (Street- 32), Al Bateen Area
P.O. BOX 7256
Abu Dhabi, United Arab Emirates
Phone : +971 2 445 4448
Fax : +971 2 445 5453
E-Mail : indoemb@emirates.net.ae or
kbriabd@indonesianembassy.ae






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Vaccination/Immunization Requirements

Travel physicians often recommend some or all of the following vaccinations and prophylactics. This list was compiled from various internet sites about travel in Indonesia. **IT IS NOT MEDICAL ADVICE. Recommended Vaccination:** Hepatitis A, Hepatitis B, Typhoid, Malaria, Yellow Fever, Japanese Encephalitis, Rabies.

This is by no way professional medical advice and each person should contact a medical doctor for advice prior your 4 to 6 weeks departure date.



A SENSE OF ACHIEVEMENT

Bintan Island, Indonesia

An experience like never before that shall create the emotional bonding between you and a community, giving you a new perspective to social issues and take you on an island adventure



PROGRAM BENEFITS

- ☞ **Apply academic learning to real human needs** when you **Create** and design a **field project to provide safe drinking water** to a rural family
- ☞ **Understand the science** behind **waste water management** as you put your project into **Action** and build key skills
- ☞ **Enhance personal motivation** through your **Service** towards a **community**

PROGRAM SNAPSHOT

-  **Duration:** 5 days full of learning & fun
-  **Travel Period:** TBD
-  **Airline:** Qatar Airlines

-  **Best Recommended for** Grades 7 - 8
-  **Program Fee:** AED 6900
-  **Accommodation:** Loola Eco-Resort

PROGRAM HIGHLIGHTS

- ☞ **Create your own field project** based on a **UNESCO approved** method of processing biological waste water
- ☞ Learn about **resource conservation** and **sustainability** by seeing the resort's **eco-friendly systems**
- ☞ Gain knowledge about the Indonesian **environment** and its **inhabitants** through **jungle treks**
- ☞ Build personal skills through multiple **adventure activities** at the Loola resort
- ☞ Broaden your **social and cultural horizons** and be of service to the people in rural Indonesia

This exclusive Explorars program includes:

Explorars' program value proposition:

- | | |
|--|---|
| 2 flights: 2 international | 4 nights of accommodation |
| 14 meals: 4 breakfasts, 5 lunches, 4 dinners | 2 free accompanying chaperone |
| 9 Adventure activities | 1 community service project |
| 5 days' transportation | 1 Explorars Travel Kit |
| Tips and mandatory Gratuities | 2 Insurance Covers (\$3mn Public Liability cover) |

- ☞ Inputs from expert educators, learning led by expert instructors who are authorities in the field of study
- ☞ A detailed **Risk Assessment** is performed for every program before it is undertaken
- ☞ 200-point **Safety Checklist** basis guidelines from International student travel organisations
- ☞ Members of WYSETC (**World Youth Student & Educational Travel Confederation**), Netherlands
- ☞ Accompanying Program Directors trained in managing students and emergency first aid
- ☞ **Clinic on call** @ every destination
- ☞ Please refer to our website www.explorars.com for more details

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UAE: 2902, Level 29, Marina Plaza | Dubai Marina | Dubai | P.O. Box : 644801 | t: +971 4 455 8719

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Explorars has designed a **Unique Learning Potential (ULeaP)** framework for all its programs, which are:

- ☞ Direct Curriculum Connect
- ☞ Life Skills Learning
- ☞ Social & ENvironmental SENSitivity: SENSE
- ☞ Fun!

Daily ULeaP Structure below is delivered by a trained Program Director accompanying the group

1. Start with "**ULeaP Thought of the Day**"
2. **ULeaP Activities** during the day
3. Day ends with "**ULeaP Reflection Time**"

PROGRAM SUMMARY

DAILY HALF-DAY COMMUNITY PROJECT – WASTE WATER GARDEN

By undertaking this project, you will provide a rural family the benefit of a lifetime supply of free drinking water, which in turn shall lead to improved health, productivity and most of all improved social status and build local pride.

The Issue – Lack of knowledge and financial means leads to uneconomical wastewater facilities which causes

-
- ☞ untreated wastewater to reach the level of ground water
- ☞ people to get sick and even die due to drinking contaminated water from wells
- ☞ people to spend on an average of SG\$30 per month on drinking water

The Solution –

- ☞ The technical solution is based on the guidelines that were compiled by GTZ in cooperation with **Oxfam, IFRC and UNICEF** in the wake of the Aceh Tsunami.
- ☞ Construction of an individual sanitation system for every household in rural Indonesia
- ☞ A 'no maintenance' system

The Method –

- ☞ The primary treatment – in the form of an airtight septic tank and piping. The septic tank kills some harmful bacteria and produces nutrients.
- ☞ The secondary treatment – in the form of a "Garden" or vegetated leach field, made of stones, gravel, white sand, a brick rim and a "nutrient remover" such as, for example, banana trees.
- ☞ A ceramic filter to the ground water supply to remove remaining dirt, debris and bacteria.



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Meet the people from a local village or school and learn the hardships they encounter in arranging for fresh clean water. Understand the terrain and design your WWG. Don't hesitate to take inputs from the locals as they would guide you the best. You can also participate in some local cooking while you are on your project.



OUTDOOR ADVENTURE & SKILL DEVELOPMENT

There are a number of exciting and adventurous activities that you can participate in at the resort. Apart from the football, basketball and volleyball fields, the resort is renowned for its numerous outdoor games and activities – all 'under one roof'.

- ☞ Learn what makes this resort eco-friendly in an **Eco-tour** of the camp, witnessing all the aspects they adopt in the fields of **solar energy, rain water harvesting, eco-refrigeration** and much more.
- ☞ Take a walk across two trees in the daring **Skywalk** and learn to **climb coconut trees** during a friendly competition, building your coordination and endurance skills.
- ☞ Participate in a **raft building exercise**, where you can apply science to a hands-on exercise and test your raft in a friendly race.



- ☞ Take part in learning **archery**, a sport that requires a keen sense of concentration – you can also have a small competition with your friends.
- ☞ Bintan is abundant in wildlife – see and learn about the Indonesian environment on your **Hill Trek**
- ☞ After a successful completion of your project, return to the resort and after lunch, test your endurance skills with a session of **rock climbing**

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- ☞ Whiz through the air and land in a pool of water at the LooLa 'Flying Fox' zip-line
- ☞ Spend the evening enjoying a **campfire** and **barbeque** dinner
- ☞ Get over your fears and take a leap from the boat into a **boon net** submerged in the water



ABOUT LOOLA ECO RESORT

- ☞ Approved by **International Baccalaureate Organization** to host workshops for **Environmental Systems and Societies**.
- ☞ Member of the **World Business Council for Sustainable Development – Singapore chapter**
- ☞ Winner of numerous awards including **Trip Advisor** every year since 2012, **Sustainable development** award, **Responsible tourism** and many more.

***Please contact us for detailed Terms and Conditions and the Cancellation Policy**

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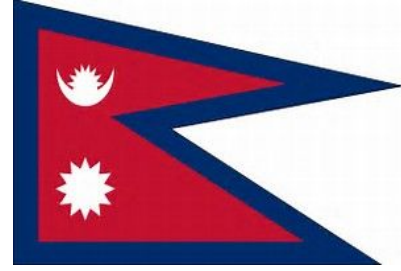
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Kathmandu, Nepal



Teachers-Advisors:

Cost: AED 10,400

Visa Requirements

Visas are available on arrival at the international airport in Kathmandu and at all land border crossings that are open to foreigners, as long as you have passport photos to hand and can pay the visa fee in foreign currency (some crossings insist on payment in US dollars). Your passport must be valid for at least six months and you will need a whole free page for your visa.

The **following passport holders** need to apply for a VISA from the Nepal Embassy prior to travelling to Nepal. Nigeria, Ghana, Zimbabwe, Swaziland, Cameroon, Somalia, Liberia, Ethiopia, Iraq, Palestine, Afghanistan, Syria, Refugees with travel document.

For more details, please visit www.nepalimmigration.gov.np

Embassy of Nepal in Abu Dhabi

Sector W 15-2, Villa No. 13/1, Plot No. 40
Al Karama Street, Al Karama Area
Opposite of Mos'ab Bin Omier Mosque and close to bus parking yard (former Eid Prayer Yard)
Phone: +971 2 634 47 67
Fax: +971 2 634 44 69
<http://www.nepalembassyuae.org>
E-mail: nepemuae@eim.ae

Vaccination/immunization Requirements:

All travelers should visit either their personal physician or a travel health clinic 4-6 weeks prior departure date.



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Nepal - School Adventure

This is an action packed adventure filled 8 day itinerary that will allow students to fully immerse themselves into the activities. From rock climbing to mountain biking, rafting to trekking, students will face physical challenges that will help develop key team skills whilst also learning about the culture and landscape of Nepal.



Discover. Serve. Adventure.






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Nepal - Adventure Expedition

Highlights

- Take part in adventure activities such as white water rafting, mountain biking and rock climbing
- Visit local schools, interact with school children and take part in community project work
- Hike through dense, beautiful forest and encounter local wildlife

About Nepal

Nepal is a landlocked country in South Asia, bordered to the North by China and South, East and West by India. Tropical jungle, rivers, hills, frozen valleys and the mighty Himalayas mixed together with the cultural diversity of people make Nepal a go-to destination.

Weather

Climatic conditions of Nepal vary from one place to another in accordance with the geographical features. In the north summers are cool and winters severe, while in south summers are tropical and winters are mild. Nepal has namely five major seasons: spring, summer, monsoon, autumn and winter.



Included

- UK Expedition Leader
- Comprehensive travel insurance
- Project funds and management
- All meals
- Unlimited drinking water
- All accommodation mentioned in the itinerary
- Entrance fees for all sights mentioned in the itinerary
- All transfers mentioned in the program in private vehicles
- Local Expedition Leader
- Tips for Guides
- 24 hour support throughout expedition

Not Included

- International flights
- Tourist visa
- Vaccinations
- Spending money
- Additional drinks
- Personal equipment



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Itinerary

Day 1 Arrive (Dinner and overnight at hotel)

Arrive at Kathmandu airport and drive to the hotel. After check-in, there will be a safety and orientation briefing on your expedition followed by dinner and rest and relaxation at the hotel.

Day 2 Rock climbing / sightseeing at Monkey Temple

(Dinner and overnight at hotel in Kathmandu)

After breakfast we will transfer to the rock-climbing site. Students will be divided into smaller groups for teaching and safety purposes. Around midday we will break for a picnic lunch before learning more rock climbing techniques, belay, lead climbing and much more. Students will learn the value of teamwork, and will develop key team skills whilst enjoying the physical challenge of climbing. After finishing the climbing if we have time we can visit Monkey Temple.

Day 3 Mountain biking expedition

(Dinner and overnight at hotel in Kathmandu)

This morning, depending on the group and their cycling capabilities, we will start either directly from the hotel or drive to a cycling start point. Today students will enjoy a 6-7 hour cycle ride, close to Kathmandu valley. Students will be taught about the importance of planning and preparation of expeditions and also learn about the technical side of mountain biking. Again, the group will enjoy a picnic lunch in the beautiful surroundings of Kathmandu valley.

Day 4 White water rafting / beach camping

(Dinner and overnight at beach camp)

This morning after breakfast we will journey for around 3 hours to arrive at the rafting location. After a half hour briefing on safety and key points, we will begin rafting. Our start point may vary, dependent on the weather and current of the river on that particular day. Initially, wherever we start, we will begin with small rapids and soon will catch up with bigger ones! After arriving at the camp, tent allocation and free till dinner.

Day 5 Drive to Dhulikhel / hike to Balthali

(Dinner and overnight at camp in Balthali)

After enjoying breakfast, we drive to Dhulikhel where we will begin our hike to Balthali. This hike will help students learn about Himalayan nature and culture along with the local communities lifestyles. We have a lot of ground to cover today so the teams will work hard to motivate each other on the trek and push boundaries! A great physical challenge for all, the hike will end in Balthali where the team can reflect on their achievements of the day.

Day 6 Balthali Community Visit

After an early breakfast today, students will experience a cultural exchange, visiting local schools. Students will visit different schools in the community throughout the day. The team will partake in activities such as teaching, playing games with the local children and community service work. Drawing on, and appreciating comparisons between local school students and themselves, there will be a discussion and reflection during dinnertime about the visit to the school and village.

Day 7 Hike to Khopasi / drive to Kathmandu

(Dinner and overnight at hotel in Kathmandu)

After a final campsite breakfast, the group will hike to Khopasi, before returning by bus to Kathmandu. After checking in to the hotel, the group will enjoy some well deserved rest and relaxation and dinner.

Day 8 Departure

Depending on flight times, the group will have some free time before transferring to the airport for your departure flight.



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Why Us?

- We use a cadre of excellent UK expedition leaders
- We have the best in country Guides
- We have a high Guide:Client ratio, which increases safety
- High standard of accommodation, vehicles and ground services

Leadership

A Camps International accredited Expedition Leader will accompany you for the duration of the trip. Our leaders have been chosen not only on the merits of their technical ability or qualifications, but also on their leadership skills and temperament. We will provide a leader who will make the expedition both successful and enjoyable throughout. Their primary objective will be to maximise every participant's chances of completing the expedition, and to manage a team of individuals with a broad spectrum of experience and expectations. Our leaders hold current first aid certificates and have experience of dealing with wilderness medicine and emergency care.

What Now?

If this itinerary is of interest, please make contact with us using the details below and we will be in touch to discuss your requirements shortly.

Middle East Office

Unit 213, Apex Atrium Building
Motor City, Dubai, UAE | PO Box 333739
T: +971 (0)4 450 8931
E: uae@campsinternational.com
www.campsinternational.ae



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PO Box 145161, Abu Dhabi, United Arab Emirates

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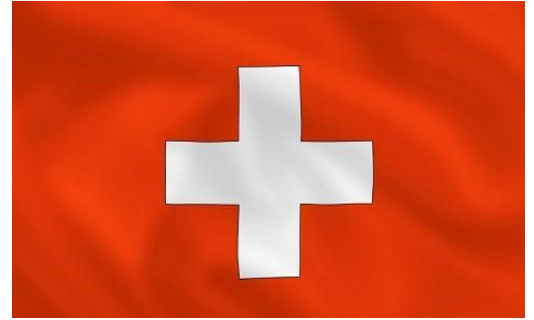


[@gemseducation](https://twitter.com/gemseducation)



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Verbier/Crans-Montana/ La Tzoumaz, Switzerland



Teachers-Advisors:

Cost: AED 10,500

Visa Requirements

Passport valid for at least 6 months prior to your departure. The passport must have at least two blank pages. Depending on your nationality, you need a visa to travel to Switzerland. You may find information about the visa requirement on the website of the State Secretariat for Migration. You will find the link below.

https://www.swiss-visa.ch/register/i210_select_country_view.action

Depending on your country of residence, you can submit your visa application directly at a Swiss representation abroad, an external visa service provider, at the representation of another Schengen State or via the online visa application.

- These possibilities are only valid for short-term visas (up to 90 days) such as tourist, visit or business (Schengen visa).
- Applications for long-term visas (over 90 days, National Visa) must be filed directly with the responsible Swiss representation abroad.

In addition, certain Swiss representations abroad offer the possibility to make an online appointment for the submission of the visa application. **VFS Global** has been chosen as the service provider for managing the visa application submission in the UAE. Visa applications must be submitted at the Swiss Visa Application Centres in Dubai or Abu Dhabi. All applications will be assessed by the Embassy of Switzerland in Abu Dhabi.

Please keep in mind that a visa application may be submitted at the earliest **three months before your planned trip.**

For more details, please see the link below,-

<https://www.vfsglobal.ch/switzerland/uae/> or <https://www.eda.admin.ch/abudhabi>

Embassy of Switzerland in Abu Dhabi

Al Khaleej Al Arabi Street

Centro Capital Center Building, 17th floor

Office Building adjacent to Rotana Centro Hotel

ADNEC / Exhibition Centre Area, Abu Dhabi, UAE

Phone: +971 2 627 46 36 / fax: +971 2 626 96 27 ; e-mail: adh.visa@eda.admin.ch



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SWITZERLAND

LES
ELFES
INTERNATIONAL



SKI TRIPS

Verbier / Crans-Montana / La Tzoumaz
In Switzerland



All ski trips are fully supervised and guided with professional staff and instructors from the moment the school arrives at the airport for their transfer.

Each of our staff is fully trained and accredited by the Swiss ski school in order to give the best quality of ski/snowboard lessons to Les Elfes' students.

1987-2017
30 years



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visit



International Winter Camps in VERBIER, Switzerland

Every week from Dec 1st to Apr 30th



1987-2017
 30 years



A typical weekly program at Les Elfes

Day	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wake Up	07.45	07.45	07.45	07.45	08.30	07.45	07.45	
Breakfast	8.00-8.30am	8.00-8.30am	8.00-8.30am	8.00-8.30am	9.00-9.30am	8.00-8.30am	8.00-8.30am	
MORNING 9h00-12h00		Skiing	Group Picture 10.00 Skiing	Skiing	Skiing	Ski Race	Skiing	Packing Departure
LUNCH 11h30		Lunch private Les Elfes Restaurant La Chaux	Lunch private Les Elfes Restaurant La Chaux	Lunch private Les Elfes Restaurant Baratin	Lunch private Les Elfes Restaurant La Chaux	BBQ – weather dependant	Lunch private Les Elfes Restaurant Baratin	
AFTERNOON 13h00-16h00		Skiing	Skiing	Skiing	Skiing	Ski Race	Skiing	
AFTERNOON 16h00-16h45	Arrival Check-in	Les Elfes Sign-up	Les Elfes Sign-up	Les Elfes Sign-up	Les Elfes Sign-up	Les Elfes Sign-up	Les Elfes Sign-up	
AFTER-SKI 16h45-18h45	Arrival Check-in	Optional Activities (swimming, games, village)	Optional Activities	Optional Activities	Optional Activities	Optional Activities	Check out Last Shopping packing	
DINNER 19h00	Les Elfes	Les Elfes	Les Elfes	Les Elfes	Les Elfes	Les Elfes	Les Elfes	
EVENING ACTIVITIES 20h00-22h00	Easy Night Movie	Ice Skating	La Fureur The game	Clubs Night	Boys vs Girls	Disco @ Casbah	Prize giving Slide show	

1987-2017
 30 years

Warsaw, Poland



Teachers-Advisors:

Cost: AED 9220

Visa Requirements

Visa application form **should be made** through electronic customer service system "e-konsulat": <http://www.e-konsulat.gov.pl/> (*visa application forms which was not registered via <http://www.e-konsulat.gov.pl/> won't be accepted*).

Please be informed that all certificates and official papers must be provided in original (for perusal) and copy.

Tourist (Schengen) visa requirements:

- Visa Application form. The form must be fully completed and signed in the corresponding blanks
- Two photos are to be attached. The photo must have a passport format, full-face capture, a light background and must be recently taken
- Passport valid for at least 6 months prior to your departure. The passport must have at least two blank pages.
- Copies of previous Schengen visas (*if applicable*)
- Copy of Residence Permit in UAE
- **Cover letter:** the applicant's description of their trip, the purpose of travelling and the time frame written down in a form of a letter
- Round trip flight reservation with dates and flight numbers specifying entry and exit from the Schengen area
- Proof of accommodation for the whole duration of the intended stay in the Schengen area
- Proof of travel medical insurance
- The current bank account statement (for the last 3 months) as a proof of sufficient means of subsistence during the intended stay in the Schengen area.

Kindly note that applications without above mentioned documents will not be accepted

For more details, please see below,-

Embassy of the Republic of Poland in Abu Dhabi

Corner of Delma and Karamah Str. (13th and 14th),
P.O. Box 2334, Abu Dhabi, United Arab Emirates
Phone Number: +917 02 446 5200

www.abuzabi.msz.gov.pl

E-mail: abuzabi.amb.rk@msz.gov.pl






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POLAND

THE HISTORY TRIP 2018

3

PROGRAM AT A GLANCE

www.compassuae.com

Warsaw is the sprawling capital of Poland. Its widely varied architecture reflects the city's long, turbulent history, from Gothic churches and neoclassical palaces to Soviet-era blocks and modern skyscrapers.

Languages Spoken-The **Warsaw dialect** (called *Gwara warszawska* in standard Polish, or **Masovian**, is a regional dialect of the Polish language centered on Warsaw. The dialect evolved as late as the 18th century, under notable influence of several languages spoken in the city of Warsaw.

Cuisine-Savoury

The most popular and well-known, these are filled with potato and cheese and are an excellent place to start for the cautious. Z Miesem (With meat) - Normally filled with beef or pork and tastiest when crispy.

Destination: POLAND (Warsaw, Krakow)
Travel Date: March 2018
Duration: 6 Nights / 7 Days
From Price: AED 9220/- Per person

Note: This is only a quotation no booking or reservation has been made at this time. Rates are subject to change upon confirmation.

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FLIGHT DETAILS

QR1041	10MAR	AUH	540A	550A	DOH
QR 259	10MAR	DOH	655A	1105A	WAW
QR 260	16MAR	WAW	530P	110A	DOH
QR1040	17MAR	DOH	220A	430A	AUH

*Airline is subject to availability at time of booking.

EDUCATIONAL BENEFITS

- Culture and historical experiences which may contain important lessons
- Visit key historical sites previously read about, and gain a sense of the human cost
- Learn about the varied architecture of the city

4

DAY 01

Arrive in Warsaw and meet and assist at the airport transfer to the hotel check - in .

After noon lunch at the Local restaurant (On your own)

After lunch proceed with the half day City tour.

Places to cover:

- The Old Town, included on the UNESCO World Heritage Site
 - The Old Town Market Square and Barbican
 - The Royal Castle with its Square,
- Evening Dinner at the local restaurant

Meals: Dinner

**DAY 02**

After breakfast, proceed with full day Sightseeing tour in Warsaw

Places to visit :

- Museum of modern art in Warsaw
 - Palace of culture and Science
 - National Stadium
 - Saxon Garden and Toms of the Unknown Soldier
 - Palace culture and Science
 - Frederic Chopin Museum
- Evening Dinner at the local restaurant

Meals: Breakfast and Dinner

**DAY 03**

After breakfast - proceed to full day tour to Czestochowa:

Visit of Paulite monastery,

Black Madonna Icon

The Students will get the acquaintance with Christian Catholicism, Poland is very religious country , and Black Madonna is a pilgrimage site for Christians from all over the world.

Evening Dinner at the local restaurant

Meals: Breakfast and Dinner

**DAY 04**

After breakfast, transfer to Krakow. Students will listen about one of the darkest times in Human's History.

Afternoon Arrive to Krakow, check in the hotel

Then proceed with walking tour of the Old Town.

Evening Dinner at the local restaurant

Meals: Breakfast and Dinner



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DAY 05

After breakfast,- Full day visit of Wawel castle and Krakow historical museum at underground of Old market

Wawel castle : it consists of a number of structures situated around the Italian-styled main courtyard.

Krakow Historical : The Historical Museum of the City of Kraków is a municipal museum. Councillors of Kraków decided already in 19th century to take an effort to create city's own historical museum.

Meals: Breakfast and Dinner

**DAY 06**

Breakfast at Hotel. After Breakfast Proceed to half day visit of Wielicska salt mines.

The **Wieliczka Salt Mine** : located in the town of Wieliczka in southern Poland, lies within the Kraków metropolitan area.

Afternoon proceed cultural and with significant place in Poland It was the Central site of the Nazi General Government during WWII.

Evening back to the hotel and overnight

Meals: Breakfast and Dinner

**DAY 07**

After breakfast , check out from the hotel and proceed and visit The **Royal Archcathedral Basilica of Saints Stanislaus and Wenceslaus on the Wawel Hill**, also known as the **Wawel Cathedral** is a Roman Catholic church located on Wawel Hill in Kraków, Poland.

Afternoon - board the bus and transfer to the airport for onward flight back home.

Meals: Breakfast



*****END OF THE TOUR*****



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Borneo Island, Malaysia



Teachers-Advisors:

Cost: AED 9,800

Visa Requirements

Passport valid for at least 6 months prior to your departure. The passport must have at least two blank pages.

Foreign nationals [who require](#) a Visa to enter Malaysia must apply and obtain a Visa in advance at Malaysian Representative Office before entering the country. In the UAE, application could be submitted, in person or by a representative, through the [Embassy of Malaysia, Abu Dhabi](#) or the [Consulate General of Malaysia, Dubai](#).

Visa is not required for a stay of less than one (1) month for ASEAN nationals except Myanmar. Visas are required for duration of stay exceeds (1) month except for Brunei and Singapore nationals.

For more details, please see below,-

Malaysia Embassy in Abu Dhabi

Unit 19B, Level 19, Tamouh Tower
12 Marina Square, Reem Island
P.O. Box 3887

+ 971 - 2 - 4482 775

+ 971 - 2 - 4482 776

Fax: + 971 - 2 - 4482 779

E-mail: admin@malaysianembassy.ae/ mwabudhabi@kln.gov.my
<http://www.imi.gov.my/index.php/en/>



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Borneo Discovery

8 Day Discovery Trip



Camps International is an award-winning social enterprise that balances profits with philanthropy. We operate a permanent network of international volunteer camps in the heart of rural communities and wildlife conservation areas through our wholly owned operations in Latin America, East Africa and South East Asia. Camps are located where poverty levels are high and there are significant environmental and wildlife conservation challenges.

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Borneo Discovery Expedition

Highlights

- Live in a rural community and learn traditional ways of life
- Visit Sepilok Orangutan Sanctuary
- Work on an ongoing community development and forest regeneration project
- Enjoy a wildlife river cruise on the Killas River



Life on Expedition

Students will have the opportunity to live in a rural community and learn traditional ways of life, experiencing the warmth and generosity of the people whilst learning about the problems these communities face on a daily basis; the human wildlife conflicts and the efforts to preserve these precious areas. Projects vary from constructing school classrooms and supplying drinking water, to terrestrial and marine wildlife conservation, reforestation, environmental education, micro finance initiatives and much more.

Benefits

An expedition to the beautiful Malaysian state of Sabah in Northern Borneo will cover traditional communities, rugged terrain and environmentally sensitive areas. Most of our camps are established on community land and are built, staffed and supplied by the community. Each camp acts as the hub for a wide range of long-term, sustainable volunteer projects, curriculum based activities and adventure activities for people from around the globe. Working alongside the local community, visitors have the chance to make a profound and lasting impact on disadvantaged communities and threatened environments.

About Borneo

Borneo is the third largest island in the world and is located in Southeast Asia. It is comprised of the Malaysian states of Sabah and Sarawak, the sultanate kingdom of Brunei and the Indonesian province of Kalimantan. This multicultural island is home to an enormous diversity of exotic flora, fauna and natural beauty. The extensive rainforest ecosystem that covers most of the island is the oldest in the world and the island also boasts the highest mountain in Southeast Asia, the mighty Mount Kinabalu. The state of Sabah is a cultural melting pot with a bewildering mix of ethnicities and religions, yet everyone lives together in harmony. Sabah has no less than 32 indigenous ethnic entities, speaking as many languages and over 50 dialects. The main indigenous group are the Kadazan Dusun, living around Kota Kinabalu. Next are the Bajau who live along the coast and the Murut who live in the interior and were once famous intrepid warriors and reputedly the last to give up the ancient custom of headhunting!

Your Expedition

We have the infrastructure, local knowledge and expertise to meet any specific requirements in terms of learning objectives or your team's abilities. We can provide a relevant and beneficial outdoor experiential learning opportunity, which is safe yet challenging, hard work yet enjoyable.

Duration

Camps International provides engaging, real-world experiences that run for 8 days, catering for all ages from 11 years old upwards. We are global leaders in responsible travel and offer fully supported expeditions and curriculum based field trips to Africa, Asia and Latin America.

Adventure options

May include but are not limited to; jungle trekking, jungle skills, scuba diving, snorkeling, white water rafting, ride the island to island zip line or climb the highest peak in Southeast Asia.



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8 day Borneo Discovery Itinerary

Day 1: Arrive Kota Kinabalu and transfer to community camp (Overnight Community Camp)
Arrive in the state capital of Kota Kinabalu and transfer (3 hours) to one of our community camps. On arrival at the camp you will be welcomed by staff with refreshments. After settling into the traditional style accommodation, the team will receive a full safety and orientation brief which will include a walking tour of the community and project sites. After dinner, local school children will perform a traditional welcome dance.

Day 2: Cultural brief / community project (Overnight Community Camp)
After breakfast, the morning is filled with sessions on traditional ways of life such as introduction to local cooking and handicrafts as well as a chance to meet people from the local community and see how they live. In the afternoon, the team will be given a thorough briefing on the community project and time permitting they will make a start on their project work.

Day 3 - 4: Community project (Overnight Community Camp)
After a hearty breakfast, the team will continue with their project work before learning about permaculture techniques and how they are put into place in camp. Group activities will follow after dinner in camp.

Day 5: Sepilok Orangutan Sanctuary (Overnight Hotel)
Take a short flight over to Sandakan where the team's hard work on previous days is rewarded with a visit to the world-renowned Sepilok Orangutan Sanctuary. Here they take in and care for orphaned orangutans and rehabilitate them back into the wild. No visit to Borneo would be complete without seeing these incredible animals. Take the short walk next door to get to the SunBear Conservation Centre - a rescue and rehabilitation centre for the endangered Bornean Sun Bear. The team will then get the chance to explore the historic town of Sandakan before returning to the hotel to freshen up before a well-deserved group dinner.

Day 6: Drive to Kota Kinabalu / river cruise on Kilias River (Overnight Fireflies eco-camp)
Drive back to Kota Kinabalu and transfer onto an eco-camp on the bank of the Kilias river on the west coast of Sabah. Upon arrival the group will have lunch and settle into their accommodation before heading out on a wildlife river cruise where they will see all sorts of wildlife including the striking Proboscis monkey. In the afternoon, there will be activities and traditional games and after dinner, the group will witness the amazing fireflies display on a night-time cruise.

Day 7: Utan Paradise Jungle Camp (Overnight Utan Paradise Base Camp)
After an early start and early morning cruise on the river to see the early morning wildlife, the team will transfer to Utan Paradise Jungle Camp. On arrival the team will have lunch and settle into the dorm accommodation. In the afternoon the team will learn traditional jungle skills that the local people have used for hundreds of years including making traditional traps and will enjoy a short trek through the jungle. The team will also assist with the Utan Paradise reforestation project working on either expanding the nursery, collecting seeds and planting them or planting out saplings that are ready. This work helps to ensure that important tree species are replaced providing food sources for local wildlife as well as replacing hardwood trees. After dinner, there will be an insect observation session where the team will get to see the insects that make all that noise in the jungle by shining a light on a white sheet.

Day 8: Depart
After breakfast, the group will transfer to Kota Kinabalu International Airport for their departure flight.

Although it is our intention to operate the itinerary as detailed above, it may be necessary to make some changes as a result of climatic conditions, alterations to flight schedules, or other operational factors.






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Overview

Included

- Comprehensive travel insurance
- UK Expedition Leader
- Fully staffed camps and local guides
- Entrance fees for all sights listed in the itinerary
- All transfers listed in the itinerary in private vehicles
- Accommodation
- All meals
- Unlimited drinking water
- Project costs and management
- 24 hours support throughout expedition

Not Included

- International flights
- Visa
- Vaccinations
- Spending money
- Additional food and drinks
- Personal equipment

Weather

Known as 'The Land below the wind' Sabah lies below the typhoon and monsoon belt and is therefore sheltered from dramatic tropical weather. Sabah boasts a fine tropical climate with uniform temperatures averaging from 23-33°C and a humidity of about 90%. Rainfalls are frequent but seldom continuous for long periods. More rain tends to fall between November and March.



Our Location

All of our camps are located in the state of Sabah. We have camps close to the tip of Borneo, near the base of Mount Kinabalu, along the Kinabatangan River and on the beautiful island of Mantanani.



CAMPS[®]
 international

Middle East Tours LLC
 Unit 213 | Apex Atrium Building
 Motor City | Dubai UAE | PO Box 333379

Phone: +971 (0) 4 450 8931
uae@campinternational.com
www.campinternational.com
www.campinternational.ae



Company number 04449971 • VAT number 794168389
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GEMS American Academy
 PO Box 145161, Abu Dhabi, United Arab Emirates
 T +971 (0)2 557 4880 | F +971 (0)2 557 4990

[in](https://www.linkedin.com/company/gems-education) LinkedIn.com/company/gems-education
[t](https://twitter.com/gemseducation) @gemseducation
[e](mailto:gemsa-abudhabi.com) gemsa-abudhabi.com






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T +971 (0)2 557 4880 | F +971 (0)2 557 4990

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